



CAITLIN MCCURDY-ROBINSON, PT, DPT

PROFESSIONAL DESIGNATIONS/CERTIFICATIONS:

Clinical Instructor Certification Texas Consortium for Physical Therapy Clinical Education	2014
Certificate of Achievement in Pregnancy and Postpartum Physical Therapy American Physical Therapy Association	2016
Pregnancy and Postpartum Corrective Exercise Specialist Core Exercise Solutions	2020

SCIENTIFIC/PROFESSIONAL ORGANIZATION MEMBERSHIPS:

Charleston Urogynecology Interest Group	2019-Present
West Ashley Birth Professionals Member Physical Therapy Representation Guest Speaker	2018-2019
American Physical Therapy Association (APTA) Active member Student member	2013-2017 2010-2013
Section on Women's Health (SOWH) Member Student Special Interest Group Member Member of Financial Committee Men's Health Special Interest Group Member	2012-2017 2012-2013 2013-2017 2014-2017
Capital Area District Texas Physical Therapy Association Member	2013-2017
Austin Birth Professionals Member Guest speaker	2015-2016 2016
Herman & Wallace Pelvic Rehabilitation Institute Laboratory Instructor	2016
International Society for the Study of Vulvovaginal Disease Laboratory Instructor	2012
Pelvic Physiotherapy Distance Journal Club Member	2014-Present



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INVITED LECTURESHIPS AND PRESENTATIONS:

Your Body During Pregnancy and After Baby North Austin Mother's Club	2015
Pelvic Floor for the Orthopedic Physical Therapist Co-Presentation with Cody McNeely, Tammy DeBevoise, and Christina McGee Texas Physical Therapy Association	2015
Pelvic Floor Physical Therapy Co-Presentation with Tammy DeBevoise	2015
Co-Presentation with Jessica Chastka Austin Community College PTA Program	2016
Exercise Post-Partum ATX Doulas' Post-Partum Support Group	2016
Pelvic Floor Physical Therapy Austin Area Birthing Center	2016
Safe Exercise during Pregnancy KXAN Television, Studio 512	2016
Safe Exercise with Diastasis Recti Fit Mommy Charleston	2017
Your Body after Baby Breastfeeding Center of Charleston	2017-Present
Pacifying Pregnancy Pain Alcove Education	2017-Present
Pelvic Floor Physical Therapy Danica Todd Massage Therapy/Doula Services	2018
Pelvic Floor Anatomy, Pregnancy, and Postpartum Medical University of South Carolina DPT Program	2019-Present
Stability Support for Pregnancy and Postpartum Supporting West Ashley	2020
Pacifying Pregnancy Pain, Part 1 Webinar myPFM and Alcove Education	2021-Present



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PROFESSIONAL PUBLICATIONS:

Peer Reviewed

DeBevoise TM, Dobinsky AF, **McCurdy-Robinson C**, et al. Pelvic floor physical therapy: more than kegels. *Women's Healthcare*.2015;3(2):34-39.

Spitznagle T, **McCurdy-Robinson C**. Myofascial pelvic pain. *Obstet Gyn Clin N Am*. 2014;41(3):409-432.

CONTINUING EDUCATION/CONFERENCES:

Conferences Attended

National Student Conclave 2012
American Physical Therapy Association

Combined Sections Meeting 2013
American Physical Therapy Association

Continuing Education Attended

Real-Time Ultrasound 2012
University of Illinois Chicago

Biennial Conference on Diseases of the Vulva and Vagina – Vulvodynia Class 2012
International Society for the Study of Vulvovaginal Diseases

Unlocking the Mystery of the Sacroiliac Joint 2012
Swedish Covenant Hospital

Obstetrics and Gynecological Grand Rounds 2012-2013
Washington University School of Medicine

Pelvic Floor Level One 2013
Herman and Wallace Pelvic Rehabilitation Institute

Introduction to Female and Male Pelvic Pain 2013
Medbridge

Ethics for Rehabilitation Professionals 2014
Medbridge





Functional Applications in Pelvic Rehabilitation: Parts A and B Medbridge	2014
Chronic Pain and the Challenging Patient: Parts A and B Medbridge	2014
Integrative Techniques for Pelvic Floor and Core Functions: Parts A, B, and C Medbridge	2014
Cancer Rehabilitation Medbridge	2014
Pelvic Mesh R. Grady Bruce, MD	2014
Introduction to Caring for the Pregnant Patient Medbridge	2014
Sex and Sexuality in Physical Therapy Practice Medbridge	2014
Sexuality for Pelvic Floor Practitioners Medbridge	2014
Labor and Delivery: Advanced Techniques in Labor Support American Physical Therapy Association	2014
Advanced Concepts of Pregnancy & Postpartum Physical Therapy American Physical Therapy Association	2015
Fundamental Concepts of Pregnancy & Postpartum Physical Therapy American Physical Therapy Association	2015
Vestibulodynia: A Pelvic Floor and Orthopedic Approach Alcove Education	2015
Ethics for PT Practice Texas Physical Therapy Association	2015
Evidence-Based Examination and Treatment of the Pelvis Medbridge	2017





Evidence-Based Examination of the Shoulder Medbridge	2017
The Hip: Assessment of Hip Injuries in Athletes Medbridge	2017
The Female Athlete Triad Medbridge	2017
Understanding Prolapse Medbridge	2017
Understanding Endometriosis Medbridge	2017
Breast Cancer Survivorship Medbridge	2017
Prostate Cancer Survivorship Medbridge	2017
Pediatric Pelvic Floor Rehabilitation: Biofeedback Medbridge	2017
Bladder Control: Stress Incontinence and Pelvic Floor Muscle Training Medbridge	2017
Introduction to Pilates for Rehabilitation Medbridge	2017
Pilates: History, General Principles and Precautions Medbridge	2017
Pregnancy and Postpartum Corrective Exercise Specialist and Inner Circle Core Exercise Solutions	2019
Pelvic Floor Level Two B Herman and Wallace Pelvic Rehabilitation Institute	2019
Vulvar Dermatology and Pelvic Pain for PTs and MDs Dr. Andrew Goldstein with Alcove Education	2019





Pelvic Floor Implications for the Running Athlete Amanda Olson, PT, DPT Pelvic Health Consulting and Education	2020
Physical Therapy in Gender-Affirming Care: Transgender Health American Physical Therapy Association	2020
Taking Pelvic Health Online (Telehealth) Dr. Julie Granger Coaching & Education	2020
Components of Ethics in Healthcare HomeCEU Connection	2020
Blood Flow Restriction Training: Understanding the Safety, Mechanisms, and Efficacy HomeCEU Connection	2020

CLINICAL OBSERVATIONS

<u>Specialty</u>	<u>Healthcare Provider</u>	<u>Date(s)</u>
Urogynecology	William Kobak, MD	2012
Colorectal Surgery	April Fox, MD	2014
Urology	R. Grady Bruce, MD	2015
Pain Management	Matthew Kaplan, DO	2015
Urology	John Britton, MD	2017

ASSOCIATIONS AND LEADERSHIP ROLES:

Washington University School of Medicine

On the Move Program™ Assistant	2010
Student Ambassador for the Program in Physical Therapy	2010-2013
Vice President of the Doctor of Physical Therapy Class of 2013	2011-2013
Run for Research Planning Committee Chairman	2011-2012

Blog Talk Radio Show

Host of Pelvic Zen	2013-2015
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